

Soul Link

*"...fostering an awareness of and a response to the sacred in nature,
human nature, and events of everyday life."*

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SOUL LINK
together on the spiritual path

Soul Link Board

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SOUL LINK RETREAT

Blessings in Disguise: Finding New Life Through Hard Times

There is much in life that is difficult – illness, loss, betrayal, failure, and the like can break our bodies and hearts and make getting through the day feel like an insurmountable task. It is natural to resist and resent such occurrences, but not possible to get through life without being visited by them. What can help us not only survive but thrive in the face of hurtful events is to recognize them as “dark gifts,” unwanted realities that serve as catalysts for the growth of our soul. In our time together we will explore those trying circumstances that have played a part in our becoming, hopefully, persons who are deeper, stronger, more compassionate, and wise.

Date: September 21, 2019

Place: Broadmoor Community Church (315 Lake Ave.)

Time: 9:00 a.m. (registration), 9:30-2:00 p.m. (retreat)

Cost: \$30 early registration (by September 24), \$35 at the door.

Lunch is included.

Scholarships available.

Information: Tom Stella (719) 648-3939

From *When Bad Things Happen to Good People* by Harold Kushner

“When people who were never particularly strong become strong in the face of adversity, when people who tended to think only of themselves become unselfish and heroic in an emergency, I have to ask myself where they got these qualities which they would freely admit they did not have before...

Life is not fair. The wrong people get sick and the wrong people get robbed and the wrong people get killed in wars and in accidents. Some people see life's unfairness and decide, “There is no God; the world is nothing but chaos.” Others see the same unfairness and ask themselves, “Where do I get my sense of what is fair and what is unfair? Where do I get my sense of outrage and indignation, my instinctive response of sympathy when I read in the paper about a total stranger who has been hurt by life?”

QUOTE CORNER

☞ Religious people believe in hell, spiritual people have been there.
Anonymous

☞ Sometimes I find myself in the middle of nowhere,
and sometimes, in the middle of nowhere, I find myself.
Anonymous

☞ What is to give light must endure burning.
Victor Frankl

☞ What's in the way is the way.
James Finley

☞ The Red Sea only parts when you're in water over your head.
Thomas Merton

☞ Fall down seven times, stand up eight.
Japanese Proverb

BOOKS FOR THE JOURNEY

When Bad Things Happen to Good People by Harold Kushner (*Schocken Books*)

A conservative rabbi, Kushner addresses in the book one of the principle problems of theodicy, the conundrum why, if the universe was created and is governed by a God who is of a good and loving nature, there is nonetheless so much suffering and pain. The book is dedicated to the memory of his young son, Aaron, who died at the age of 14 of the incurable genetic disease progeria.

A Better Way to Live by Og Mandino (*Bantam Books*)

The author recounts his descent into despair and his discovery of spiritual nourishment in the works of great thinkers. He describes the joyously redemptive process that turned a down-and-out alcoholic into a happy man. He offers seventeen "rules to live by," which comprise a sound, wise prescription for inner growth and for a fulfilling everyday life.

Finding the On-Ramp to Your Spiritual Path by Jan Philips (*Quest Books*)

This book consists of short essays that reflect the author's wisdom gleaned from traditions East and West. In warm, engaging language, she presents basic spiritual concepts and practices for those seeking a new way to their souls. Philips maps an adventurous trek from illusion to reality, fear to fulfillment, isolation to community. She invites the reader to go deeper and further, finding at the end, that the journey is everything.

EVENTS OF INTEREST

At First Congregational Church (Tejon and St Vrain)

- Centering Prayer Every Monday at 5:30 – 6:15 contact Gary Rapp 636-9075
- Grief Support Group Every Friday at 3:00 – 4:30 contact 635-3549
- “Nowhere to Go, Nothing to Attain, No One to Become”
a presentation by Tom Stella on Sunday, September 22
from 9:45 – 10:45 a.m.

At Unity Church (1945 Mesa Road)

- The Best is Yet to Come Addiction recovery group meets on Mondays
from 5:30 – 6:30
- Chair Yoga meets Tuesdays from 1:30 – 2:30 contact 471-4556.

Journeys

- An exploration of Non-Duality with attention to the “direct path,” is an approach that many feel vital in coping with modern life. The group meets on the 3rd Thursday of each month from 3:30 – 4:30 in the West Wing of Broadmoor Community Church, 315 Lake Ave. Contact Charlie Coon charlescoon@gmail.com for more information.

Private Retreats

Feeling the need to get back in touch with your soul? Are you longing for some silence and solitude? The Sanctuary of the Rose might be just the place – and it’s right here in our own backyard. The Sanctuary is located in Cascade, CO. For more information check out the website www.sanctuaryoftherose.com or contact Ann Benson at thesanctuaryrose@aol.com.

Book Group

The Soul Link Book Group will meet on Sept. 24, Oct. 22, Nov. 19, and Dec. 17 at the Old Colorado City library on Pikes Peak and Colbrunn from 6:30 – 8:00 pm. Rather than merely discussing a book as we have in the past, we will use the book as a catalyst for sharing about ourselves. *Soul Link* is all about connecting with others at a deep, personal level. We are all on a spiritual journey – talking about what that is like for us can reinforce the commitment necessary to sustain the ups and downs inherent in such a venture. For the September meeting, bring a book that has been a catalyst for the growth of your soul. For more information contact Vicki Rector (229-9868).

Cabo Service Project

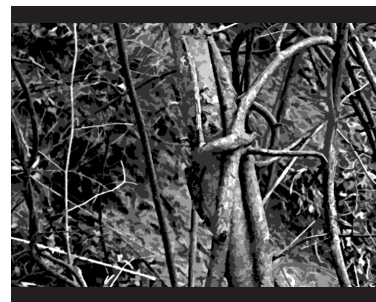
Through Travel with a Purpose, *Soul Link* is offering the opportunity to serve the poor of Cabo San Lucas, Mexico. Participants will serve people in hospitals, day-care centers, orphanages, and community kitchens. There will be ample time for R&R in the surf and sun. The next trip is scheduled for January 2-7, 2020. If you are interested in experiencing this adventure, contact Steve Shapiro (719) 495-3400. Learn more at www.thetravelconnection.info



SAVE THE TREES AND THE COST OF PRINTING AND MAILING THE NEWSLETTER

To receive notice of
the latest *Soul Link*
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please contact us at
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or
call the office at
648-3939
and leave
your full name
and email address.





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BLESSINGS IN DISGUISE: FINDING NEW LIFE THROUGH HARD TIMES

Mail-In Registration Form

Clip and return with registration fee no later than September 18, 2019.

Please complete information below and send it along with your payment of \$30 per person to:

Soul Link, Inc.
2514 W. Colorado Ave., Suite 205
Colorado Springs CO 80904

Name(s) of person(s) attending _____

Phone Number _____

Drop-ins are welcome the day of the retreat.

The registration fee at the door will be \$35 per person.

We hope you will invite a friend to join us for this time of quiet reflection and lively conversation.